

2012 MID PENN PLUNGE
HOSTED BY NORTHERN HIGH SCHOOL
Session Report

Session: 1 www.midpennchamp.com

Day of Meet: 1 Starts at 09:45 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Medley Relay	19	4u	09:45 AM	_____
Finals	2 Men 200 Medley Relay	12	2u	10:00 AM	_____
Finals	3 Women 200 Freestyle	33	6u	10:06 AM	_____
Finals	4 Men 200 Freestyle	16	3u	10:27 AM	_____
Finals	5 Women 200 IM	13	3u	10:36 AM	_____
Finals	6 Men 200 IM	8	2u	10:47 AM	_____
	Break: 20 Minutes				
Finals	7 Women 50 Freestyle	87	15u	11:14 AM	_____
Finals	8 Men 50 Freestyle	64	11u	11:34 AM	_____
Finals	9 Women 100 Butterfly	32	6u	11:48 AM	_____
Finals	10 Men 100 Butterfly	17	3u	12:01 PM	_____
	Break: 20 Minutes				
Finals	11 Women 100 Freestyle	79	14u	12:27 PM	_____
Finals	12 Men 100 Freestyle	45	8u	12:56 PM	_____
Finals	13 Women 500 Freestyle	23	4u	01:11 PM	_____
Finals	14 Men 500 Freestyle	11	2u	01:41 PM	_____
Finals	15 Women 200 Freestyle Relay	23	4u	01:57 PM	_____
Finals	16 Men 200 Freestyle Relay	15	3u	02:08 PM	_____
	Break: 20 Minutes				
Finals	17 Women 100 Backstroke	38	7u	02:36 PM	_____
Finals	18 Men 100 Backstroke	23	4u	02:54 PM	_____
Finals	19 Women 100 Breaststroke	38	7u	03:03 PM	_____
Finals	20 Men 100 Breaststroke	33	6u	03:19 PM	_____
Finals	21 Women 400 Freestyle Relay	16	3u	03:32 PM	_____
Finals	22 Men 400 Freestyle Relay	11	2u	03:50 PM	_____
	Break: 20 Minutes				
	Swimmers Counts for Warm-ups: 283	=====	=====		
	Entry / Heat Totals:	656	119		
	Finish Time			04:20 PM	_____